

Year Outline on How to Guide Girl Scout Brownies on Brownie Quest

This is a helpful guide with suggestions on how to extend the Girl Scout Brownie GS Troop Year and incorporate the GS Journeys into the GS Troop curriculum more easily by providing easy to use guides. This can be used in conjunction with the books and guides for the Girl Scout Brownie *Journey for Series 1 It's Your World, Love It*. Adjustments may be needed to fit around your GS Troop Year to ensure that the girls understand the Journey's Leadership Benefits. Additional meetings TRY-ITS, Field Trips, and Girl Scout Days to Celebrate such as Founder's Day, World Thinking Day, and Girl Scout Birthday (These dates can be found inside the cover page of the Girl Scout *Daisy Flower Garden Book*) may be added into your GS Troop Year as well. Take note that some meetings continue to focus on a Key until that Key is earned.



National Leadership Outcomes

GB= Girls Book GS Guide= Your Book		AT THE BROWNIE LEVEL girls...	RELATED ACTIVITIES	SAMPLE "SIGN" When the outcome is achieved, girls might...
Discover	Girls develop a strong sense of self.	Have increased confidence in their abilities.	"Discovering Me" and "Discovering Values" (GS Guide Session 1, GS Brownie Book pg 49 & 50)	Express pride in their accomplishments when speaking with others.
	Girls develop positive values.	Begin to apply values inherent in the Promise and Law in various contexts.	"Discovering Family" (Session 1 GS Brownie book pg 51) "Family Star" GS Guide pg 55, meeting 3)	Explain how they will take responsibility on the playground, at home, and at school.
	Girls gain practical life skills-girls practice healthy living	Are better at making healthy choices and minimizing unhealthy behaviors.	"What's Happening at Campbell's House" and "Leading Your Family to Health" action (Session 2-3 GS Guide pg 63 & Meeting 6)	Name healthy choices they make (e.g., walking ever day, choosing healthful snacks).
Connect	Girls develop healthy relationships.	Begin to understand how their behavior contributes to healthy relationships.	"Leading Your Family to Health" (Session 2-3, Meeting 7&8. GS Guide pg 62)	Identify healthy/unhealthy behaviors (e.g., honesty, caring, bullying) when presented with a relationship scenario.
	Girls promote cooperation and team-building.	Gain a better understanding of cooperative and team-building skills.	"Team Agreement" (GS Guide pg 61 Session 2 meeting 5)	Describe ways to make projects more fun (e.g. switching roles, brainstorming, listening to each other).

	Girls feel connected to their communities locally and globally.	Recognize the importance of being part of a larger community.	"Caring for Community" (GS Guide pg 68, meeting 9). Take Action Project (Session 5-6, Meeting 14-18)	Give examples of how group/ community members help and support each other.
Take Action	Girls can identify community needs.	Develop basic strategies to identify community issues.	Creating and doing the Take Action Project (GS Guide pg 85-93, Meeting 14-18).	List things about their community that are valuable and things that could be improved.
	Girls educate and inspire others to act.	Can communicate their reasons for engaging in community service and action.	Creating and doing the Take Action Project (GS Guide pg 85-93, Meeting 14-18).	Explain why they chose a community action project), how/why it benefited others, and what they learned from it.
	Girls feel empowered to make a difference.	Increasingly feel they have important roles and responsibilities in their group and/or communities.	"Caring for Community" (GS Guide pg 68, meeting 9). Take Action Project (Session 5-6, Meeting 14-18)	Describe ways their actions contributed to bettering something (for families, neighborhoods & environment.

Session 1 Discovering

Meeting 1: Discover Key

1st Key Step 1: Girl Scout Brownies discover special qualities and talents about themselves

Supplies & Resources

- Girl Scout Brownie *Adult Guide* & Girl Scouts *Brownie Quest* (Girls Book)
- Quest Master Map
- Pencils & Pens
- Poster board or large sheet of paper
- Scissors & Glue
- Clues for Scavenger Hunt
- Copies of the Take-Home Letter

- This meeting just focus on Girl Scout Brownies individual qualities
 - Do the Ball Toss Activity on pg 46 of the Girl Scout Brownie *Adult Guide*. (Use Dialog on pg 46 as your guide)
 - Next have girls fill out pg 49 in their Girl Scouts *Brownie Quest* (Girls Book) and then have them share a blank from activity.
 - Go on a scavenger hunt for materials needed to cut out star handouts and have the girls write down their qualities from the Ball Toss Game on the star and post it all on a board so the girls have as a remembrance to be displayed at the rest of the meetings.
 - Have the girls get into a circle and silently appreciate their qualities by passing along a squeeze. (How to do this can be found on pg 19 of *Handbook*)
 - Start into Her Story in the Try-It book on pg 106
 - Activity 1
 - Tie in how the founder Juliette Gordon Low used her talent and qualities to start Girls Scouts.
 - Have girls read together pg 8-10 about the founder in the Girl Scout Brownie Girl Scout *Handbook*
 - As a take home activity for your choice of a future date have the girls find a girls scout from a long time ago to interview or bring into a Girl Scout GS Troop meeting.
 - Activity 6
 - Have the girls go home and do Activity 6 “Your Story” and tie their qualities and talents into their timeline and future goals and bring to 3rd meeting.

- Close the meeting with one of the Girl Scouts traditions and ceremonies listed on pg 29 of your Girl Scout Brownie *Adult Guide*.

Meeting 2: Discover Key

1st Key Step 2: The Values of Girl Scout Law. Go ELF!

Supplies & Resources

- ✓ Girl Scout Brownie *Adult Guide*, Girl Scouts *Brownie Quest* (Girls Book) , and Brownie Girl Scout *Handbook*
- Quest Master Map
- Pencils & Pens

- This meeting focuses on the values of the Girl Scout Law
 - Open with a Girl Scout tradition which can be found on pg 28 of your Girl Scout Brownie *Adult Guide*.
 - Follow the Dialog on pg 47-49 of your Girl Scout Brownie *Adult Guide* to get the girls prepared to continue on with their quest and learning and understanding the tradition of ELF.
 - Give the girls time to do the “Discovering Values” activity on pg 50 of their Girl Scouts *Brownie Quest* (Girls Book).
 - Go over what a Girl Scout does on pg 12-13 in the Brownie Girl Scout *Handbook*
 - Her Story in the Try-It book on pg 106
 - Activity 3:
 - Wind down by going into Activity 3 of the Her Story Try-It.
 - Talk about how fables and fairy tales represent values and have the girls follow the activity based on their favorite fairy tale.

- Activity 2:: **Take Home Assignment**
 - As a take home activity this can be completed by speaking with teachers at their school. (Bring to (3rd) next meeting).

Meeting 3: Discover Key

1st Key step 3: Girl Scout Brownie heads home to discover her families special qualities

Supplies & Resources

- Girl Scout Brownie *Adult Guide* and Girl Scouts *Brownie Quest* (Girls Book)
- Quest Master Map
- Pencils & Pens
- Scissors & Glue
- “Discovering Us” list

- This meeting focuses on going over and finishing up activities from previous meetings then sending girls home and a quest to discover their families. (Have copies of pg 53-55 to give to girls later in meeting)
 - Open with a Girl Scout tradition which can be found on pg 28 of your Girl Scout Brownie *Adult Guide*.
 - This is your time, use as you please to have the girls give or finish up anything from the Her Story Try-it completing 4/6 of this Try-It results in their first patch!
 - If time make a memento for the quest which can be found on page 51 of your Girl Scout Brownie *Adult Guide* to be used during session 2.

○ **Take Home Assignment**

- Wind down the meeting with giving the girls the Hand- from pg 53-55, which is to be done with the family, of your How to Guide and let them know that they are on their way to discovering their first key! (Dialogue for this can be found on those pages)

Session 2 Discovering and Connecting

Meeting 4: Discover Key Ceremony

Girl Scout Brownie Star Circle and *Discover Key Ceremony*

Supplies & Resources

- Girl Scout Brownie *Adult Guide* and Girl Scouts *Brownie Quest* (Girls Book)
- Quest Master Map
- Pencils & Pens
- Clues for Scavenger Hunt

- This meeting is all about recapping the events that took place in session one and having the girls reflect.
 - Follow the script for the Star Circle Activity on pg 58
 - Before following the script for the ceremony on pg 59 have the girls go on a really creative scavenger hunt. In advance maybe you can have the girls discover keys in cute gift wrap and have them distributed across the meeting place and each girl has their own distinct direction as to where to find one of the many patches in the location.
 - Once discover keys are all found follow the ceremony script on pg 59
 - End with pg 52 of girls Girl Scouts *Brownie Quest* (Girls Book). Be sure to incorporate the Girl Scouts *Brownie Quest* (Girls Book) map whenever possible so the girls feel as if they were really on a quest.

Meeting 5: Connect Key

2nd Key step 1: Connecting as a Girl Scout Brownie Team

Supplies & Resources

- Girl Scout Brownie *Adult Guide* and Girl Scouts *Brownie Quest* (Girls Book)
- Quest Master Map
- Pencils & Pens
- Large sheet of paper for Team Agreement
- Hula hoop

- This meeting focuses on cooperative games and creating a team agreement
 - Start the meeting off covering the script on pg 60 to start the Loop the Hoop Game.
 - Go over what makes Girl Scouting Special on pages 16-19 in the Girl Scout Brownie *Handbook*. Even have the girls participate in the activities.
 - Have the girls gather around and read the Girl Scout Brownie story on pg 29 and then the Modern Girl Scout Brownie Tale on pg 33 of the Girl Scout Brownie *Handbook*.
 - Have the girls open up to pg 16 in their Girl Scouts *Brownie Quest* (Girls Book) and try the friendship game dealing with lining up by birthdays or color socks. The goal is to stay connected!
 - Next start with the Girl Scout Brownie agreement. The script can be followed on pg 61 of your How to Guide.
 - Have the girls participate in the game pass the ball please which can be found on pg 61 of your How to Guide.
 - Close the meeting reflecting and possibly coming up with your Girl Scout GS Troops own closing Tradition.

Meeting 6: Connect Key

2nd Key Step 2 Part 1: Connect with family on healthy living

Supplies & Resources

- Girl Scout Brownie *Adult Guide* and Girl Scouts *Brownie Quest* (Girls Book)
 - Quest Master Map
 - Pencils & Pens
 - Poster board or large sheet of paper
 - Yogurt
 - Bowls
 - Different yogurt toppings such as apple slice, honey, crunchy cereal, blueberries,
 - Food Labels
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- Part one of the second step to the Connect Key will have this meeting focusing on ways Girl Scout Brownies can commit to leading a Healthy-Living activity with their families.
 - Opening Tradition
 - Follow the dialogue on pg 62 “Prepare to Connect at Home” to get the girls thinking about what to do with their take home activity.
 - Try-It Activity- Eat Right Stay Healthy- pg 26
 - Activity 1 (Have labels already ready ahead of time before this meeting)
 - Activity 3- (Have yogurt already ready before this meeting)
 - At the end of this have the girls go home and figure out what substitutes can be used for people allergic to dairy.
- **Take Home Assignment**
 - Continue on with the Send it Home! Dialogue on pg 62 of the How to Guide. And then give the girls copies of pg 63 to take home
- Close with a tradition.

Session 3 Connecting and Taking Action

Meeting 7: Connect Key

2nd Key Step 2 Part 2: Making a circle map and posting commitments

Supplies & Resources

- Girl Scout Brownie *Adult Guide* and Girl Scouts *Brownie Quest* (Girls Book)
- Quest Master Map
- Pencils & Pens
- Construction Paper
- Glue
- Scissors
- Magazines and Cut Outs of Fruits and Foods
- Crayons & Markers

- Part two of the second step to the Connect Key will have the girls exploring how the “circles” of their lives grow outward and posting commitment cards.
 - Opening tradition
 - Review the answer for Activity 3 in the Eat Right, Stay Healthy Try-It.
 - Start activity 4: Food People of the Eat Right Stay Healthy Try- it. (Have materials ready before the meeting)
 - Now go on the circle map activity on pg 66 of the How to Guide. Follow Dialogue to end of pg 67

○ **Take Home Assignment**

- Wrap up with giving the girls Activity 2 Smart Shopper of the Eat Right, Stay Healthy Try-It to take home and have completed by the final meeting for Session 3.

Meeting 8: Connect Key

Go on a field trip as a quest to give the girls more insight into staying healthy. Some examples of places that give nutritional tours for kids...

- Frito Lay
- Mainstay Farm (Fort Worth)
- Dew Berry Farm in Katy Texas (Located by Houston)
- Whole Foods Market
- Moore Farm (Tyler Texas)

Meeting 9: Connect Key

2nd Key Step 3: Caring for Communities and earning of the 3rd Key

Supplies & Resources

- Girl Scout Brownie *Adult Guide* and Girl Scouts *Brownie Quest* (Girls Book)
- Quest Master Map
- Pencils & Pens

- Step 3 will focus on the team expanding their circle to reach out into the community and earning the connect key
 - Opening Tradition
 - Follow through with dialogue on pg 68-69 of the How to Guide
 - Close with the dialogue on pg 69 of the How to Guide for Earning the *Connect Key*.

Session 4 Choosing a Take Action Project

Meeting 10: Caring and Sharing Try-It

Supplies & Resources

- Girl Scout Brownie *Adult Guide* and Girl Scouts *Brownie Quest* (Girls Book)
- Quest Master Map
- Pencils & Pens
- Poster board or large sheet of paper

- Before the girls start Brainstorming for a take action project, have them show how they care about themselves and others with the Caring and Sharing Try-IT on pg 60 of the Try-it book.
 - Open with an opener
 - Choose 4 of the 6 activities to focus on for the next 2 meetings
 - 2 can be done today and the rest can be saved for the next meeting.

Meeting 11: Continue Caring and Sharing Try- it

Supplies & Resources

- Girl Scout Brownie *Adult Guide* and Girl Scouts *Brownie Quest* (Girls Book)
- Quest Master Map
- Pencils & Pens
- Poster board or large sheet of paper

- Continue with the try-it from pg 60
- Have the girls do the Circles of caring exercise in their Girl Scout Brownie Guide Books. (Find a way to tie this into what was learned from the Try-It.
 - When done have the girls go around the room and share who is in their circle.
 - Following have the girls do the activity on pg 61 of their Girl Scouts *Brownie Quest* (Girls Book) and go over the activity.
 - Take the activity further and go around the area and beautify your immediate surroundings.

Meeting 12: Girl Scout Brownie Brainstorm

3rd Key Step 1: Identify a community place where they can Take Action

Supplies & Resources:

- Girl Scout Brownie *Adult Guide* and Girl Scouts *Brownie Quest* (Girls Book)
- Quest Master Map
- Pencils & Pens
- Poster board or large sheet of paper

- This meeting will be mostly review and brainstorming.
 - Review the past couple of days and invite the girls to read along with Ch. 4 of the Girl Scout Brownie guide to see how the girls Campbell, Jamila and Alejandra are taking action in their community.
 - Go over the activity on pg 31
 - Follow the dialogue on pg 67 of your Girl Scout Brownie *Adult Guide* about who needs the Girl Scout Brownie Elf Team.
 - Following that warm-up Start on the Brain storm chart.

Meeting 13: Girl Scout Brownie Team trade and Girl Scout Brownie Plan

3rd Key Step2: Plan to Take Action

Supplies & Resources

- Girl Scout Brownie *Adult Guide* and Girl Scouts *Brownie Quest* (Girls Book)
- Quest Master Map
- Pencils & Pens
- Poster board or large sheet of paper

- In this meeting the girls will make a decision on what they are going to do and when it should be completed by and also organize the project to see what they need to do to Fly into Action.
 - Follow the dialogue on pg 78-80 of your Girl Scout Brownie *Adult Guide*.

Session 5 Take Action

3rd Key Step3: Improve their world by carrying out their Take Action Project

Meeting 14: Girl Scout Brownies get Busy

- This meeting can be used to continue on with the project. Take time to reflect by having the girls fill out pg 68 in their Girl Scouts *Brownie Quest* (Girls Book).

Session 6 Making the World a Better Place

Meeting 15: Wrapping up

3rd Key Step3: Continue to improve their world by carrying out their Take Action Project

- Girl Scout Brownies conclude their efforts in the community.

Meeting 16: Elfing it up one more time & Meeting Juliette

Supplies & Resources

- Girl Scout Brownie *Adult Guide* and Girl Scouts *Brownie Quest* (Girls Book)
- Quest Master Map
- Have the Girl Scout Brownies explore new endings for the Elf Adventure and go over pages 72-73 in their Girl Scouts *Brownie Quest* (Girls Book) .
- If time allows have girls go over relevant activities in the book.

Meeting 17: Opening Ceremonies & Earning of 3rd Key

Supplies & Resources

- Girl Scout Brownie *Adult Guide* and Girl Scouts *Brownie Quest* (Girls Book)
- Quest Master Map
- This meeting will wrap up the project and allow the girls to reflect and earn their third key.
 - Follow the dialogue on pg 86-87 of your How to Guide
 - Be sure to incorporate some of the tips on the side of pg 86 and have the girls fill out pg 70 and 71 of their Girl Scouts *Brownie Quest* (Girls Book).

Session 7 Unlocking the code to Leadership and Celebration

Meeting 18: Unlocking the Leadership code + Cheers and big send off

- This meeting will allow the girls to earn their Girl Scout Brownie *Leadership Quest Award*. (Be creative and have an event set up to where they can invite family and friends.)
 - 30 min of this should be used on reflection. Use pg 68-71 in the girls Girl Scout Brownie Guide Book for suggestions this can be done also by having the girls fill out the back of each other's their Girl Scouts *Brownie Quest* (Girls Book) in the making memories section. (Something similar to signing a year book.)
 - Have them do pg 71 in their Girl Scouts *Brownie Quest* (Girls Book)
 - Put it all together by following the dialogue on pg 90-93. (Be creative and Use your How to Guide for suggestions.)