

Daisy Handbook

The first thing to know about being a Girl Scout Daisy is that you **make a promise**.

So do all the millions of Girl Scouts across the country and around the world. That's what makes us all sisters.

This Promise is called the Girl Scout Promise. It's the way Girl Scouts promise to act every day.

The Promise is at the center of everything we do in Girl Scouts. It gives us something big and important to do! That's why it's the very center of your Daisy Flower.

Saying "on my honor" means that you're giving your word to do something.

The Girl Scout Promise and Law

You - and every Girl Scout - make the Girl Scout Promise.

The Girl Scout Promise

On my honor, I will try:

To serve God and my country,
To help people at all times,
And to live by the Girl Scout Law.

When you give your word to live by the **Girl Scout Law**, you're saying that you're ready to help make the world a better place.

Meet the Flower Friends!

The Flower Friends will teach you how! There are 10 Flower Friends, one for each line of the Girl Scout Law. When you read their stories, the Flower Friends will help you understand how to practice their line.

1. Lupe the Lupine
Honest and fair
2. Sunny the Sunflower
Friendly and helpful
3. Zinnia the Zinnia
Considerate and caring
4. Tula the Tulip
Courageous and strong
5. Mari the Marigold
Responsible for what I say and do
6. Gloria the Morning Glory
Respect myself and others
7. Gerri the Geranium
Respect authority
8. Clover
use resources wisely
9. Rosie the Rose
Make the world a better place
10. Vi the Violet
a sister to every Girl Scout

The Girl Scout Law

I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong,
and responsible for what I say and do,
and to
respect myself and others
respect authority,
use resources wisely,
make the world a better place,
and be a sister to every Girl Scout.

The Girl Scout Sign

Girl Scouts make the Girl Scout sign when they say the Girl Scout Promise.

The three fingers represent the three parts of the Promise.

The Girl Scout Handshake

When you meet another Girl Scout, you can greet her with the Girl Scout handshake. You shake hands with your left hand and make the Girl Scout sign with your right. This is a special way to remind us that we are all sisters because we belong to Girl Scouts!

Earn the Promise Center

1. Make a circle. You can make it with your Daisy friends and Girl Scout adults, or even with your family
2. Say the Girl Scout Promise
3. Talk about what the Promise means to you

Congratulations!

You've earned the Promise Center

Now, you can start learning the Girl Scout law and having all the fun of a Girl Scout Daisy.

Celebrate earning your Promise Center!

Sing "Make New Friends"

Special Ceremonies

Remember, Girl Scouting is special because of what you do every day, all through the year. You and your big circle of friends will change the world day by day!

You may want to create your own ceremony to celebrate the Girl Scout Birthday or Juliette Gordon Low's birthday. You might want to make up a Scouts' Own.

Lots of Brownies like to end their meetings with a friendship circle. They stand in a circle with the other girls, cross their right arms over their left, and hold hands. After everyone is quiet, one girl starts a friendship squeeze by squeezing her neighbor's hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes on the squeeze until it travels all around the circle. That's a ceremony, too!

How to Make Your Own Ceremonies

When you hold a ceremony, you might sing songs, recite poems, dance, or create a play with your Brownie friends.

You might begin a ceremony by reciting the Pledge of Allegiance, saying the Promise and Law, or singing a Girl Scout song.

Then, you might recite a poem, put on a skit, tell a story, or perform a dance.

For a special touch, you could light candles with the help of a Girl Scout adult.

Scouts' Own

A Scouts' Own is a special ceremony. It's where Girl Scouts get together to share their ideas and feeling about a theme, like friendship, the first day of spring, or respect for the planet. The Scouts' Own might take place at a group meeting, or at camp. It's called a Scouts' Own because it's all yours - you choose a theme that's important to you, and you decide how to share the theme in the best way!

Special Girl Scout Days

Girl Scouts have special days that they celebrate with activities and parties. It's fun to share in the celebrations girls have been having for years and years.

February 22 – World Thinking Day

February 22 was chosen as World Thinking Day because it is the birthday of Robert Baden-Powell and his wife, Olave. Baden-Powell started the Scouting movement. Every year on this day, Girl Scouts and Girl Guides do activities and projects to celebrate world friendship and honor their sisters in other countries.

March 12 – The Girl Scout Birthday

On this date in 1912, the first 18 girls gathered to hold their first meeting as Girl Scouts in the United States. Some Girl Scouts wear their uniform to school on this day. You can celebrate by throwing a birthday party or by doing something Juliette Gordon Low loved to do – like making the world better for girls. Maybe you can give a special presentation on March 12 to tell your family and friends about how you took action to make a difference.

Girl Scout Week

The week in which March 12 falls is called Girl Scout Week. Some Brownies wear their uniforms when they go to a service on Girl Scout Sunday or Girl Scout Sabbath. If your family belongs to a place of worship, you may, also, decide to do something helpful there during this week.

April 22 – Girl Scout Volunteer Day

This is a day when you can say thank-you to your Girl Scout grown-ups for all the hard work they do for you. You may want to make a card or gift, write a poem, or sing a special song.

October 31 – Founder's Day

Juliette Gordon Low was born on October 31, so Girl Scouts honor her birthday as Founder's Day. She said she was glad she was born on Halloween, when everybody has fun. Girl Scouts honor her birthday every year with parties and special projects to help others.

Showing you're a Daisy

See the pictures on this website for correct placement of all your Daisy pins, badges, and awards.

http://www.girlscouts.org/program/basics/for_volunteers/where_to_place/

Show you belong:

Girl Scout Brownie membership pin

This pin tells others you are a Girl Scout Daisy. You earn it by learning the Promise. It's shaped like a Daisy.

GSUSA strip

You can wear this strip to show that you're a member of Girl Scouts of the USA.

Council ID strip or USA Girl Scouts Overseas strip

This strip shows the name of your Girl Scout council, or that you are a member of USA Girl Scouts Overseas.

USA Girl Overseas pin

Girls who belong to USA Girl Scouts Overseas wear this pin.

Membership stars

Each star represents one year as a Girl Scout and is pinned on a disc. The color of the disc shows your level. Girl Scout Brownies get a green disc. The number of stars shows how many years you've been a member at each level.

World Trefoil pin

This pin shows that you are part of the World Association of Girl Guides and Girl Scouts (also known as WAGGS). The golden trefoil on a blue background represents the sun shining over all the children of the world.

American Flag patch

This patch shows that you're an American Girl Scout.

Troop numbers

Many Girl Scouts belong to troops, and wear their troop numbers.

Troop crest

Some families have crests that show for what they stand. Girl Scouts is like a family, too. You and your Brownie friends can choose a crest to wear on your uniform. Talk about the symbols on each one. Which one best shows the world for what you want to stand? Go to <http://www.fortunecity.com/millennium/puppet/989/crests/index.html> for a list of crests and their meanings.

Awards that Show What You've Learned

Girl Scout Daisies can earn special awards to put on their uniforms that show the world what they've done. Think of how proud you'll be when you can tell people what you did to earn each award – and what you learned!

Daisy Leadership Journey Awards

Daisies get to go on amazing adventures called Leadership Journeys. When you go on a Journey, you'll learn interesting things, have fun with your friends, and do something to make the world better. You'll, also, earn Journey awards for you tunic or vest. When you earn the different awards for a Journey, you can put them together to make a special picture.

It's Your World—Change It!

Introducing the First Series of Journeys

Welcome to the Daisy Flower Garden

In this journey for kindergarteners and first-graders, a favorite pastime—gardening—meets the Girl Scout Law. The result is a storybook world of flowers and little girls who, together, do great things. Girl Scout Daisies will especially enjoy meeting the colorful, global characters who teach them to live the Girl Scout Law. The adult "how-to" guide offers Garden Story Time tips, key ideas for garden projects, and all the Girl Scout history and traditions needed for an adventure starring Amazing Daisy, a new flower friend for Girl Scout Daisies.

Journey Awards

Like all Girl Scout journeys, "Welcome to the Daisy Flower Garden" focuses on the leadership philosophy of girls discovering (themselves and their values), connecting (caring and teaming), and taking action (to improve their communities and the world). For Girl Scout Daisies, the best way to experience this leadership philosophy is by practicing the Girl Scout Law. So the journey's three awards, which tie directly to the garden theme, recognize girls' progress in applying the Law to their lives. Why not start out your year by giving the girls the background "Garden Patch" to display their three Girl Scout Daisy awards?

The Watering Can Award represents girls being "responsible for what I say and do." Girls earn the award by caring for their mini-garden and beginning to understand how the Promise and Law play out in their daily lives.

The Golden Honey Bee Award represents taking action through a gardening effort for others to make the world a better place. The award is named for Honey, the bee who is one of the Daisy Flower Garden characters.

The Amazing Daisy Award represents knowing—and living—the Promise and Law, just like Amazing Daisy, the main character of the journey.

Have you heard the newest Girl Scout Daisy song?

http://www.girlscouts.org/program/journeys/your_world/daisy.asp

It's Your Planet—Love It!

Introducing the Second Series of Journeys *Between Earth and Sky*

- Girl Scout Daisies join their flower friends for a cross-country road trip in their special flower-powered car!
- As they travel the country living the values of the Girl Scout Law, the flowers explore the natural world around them, learning what's local and why that's important.
- Along the way, the flower friends (and the girls!) sample the sights, and the wisdom of women working to protect Planet Earth.
- Daisies earn their Blue Bucket, Firefly, and Clover (uses resources wisely!) awards as they experience what's great about their own region and learn to use their own special skills to help people and Planet Earth.

Journey Awards

This journey presents Daisies the opportunity to earn three awards. Girls consider their feelings and skills and then take into account the feelings and skills of those around them. The girls then move on to engage their larger community and then they move out into their community to "do."

Although there's no set way to present it, you might spark the excitement of this award series by presenting the *Between Earth and Sky* background patch to all the Daisies at their first session. Or choose a way that works for the group.

The Blue Bucket Award

- Girls tell one another about their feelings and the feelings of those around them.
- Girls take part in role-playing activities that encourage them to resolve conflicts, negotiate, and be considerate to others.

The Firefly Award

- Think about and talk about their own skills and those of their sister Daisies.
- Choose a skill that they can teach others, either at home or in their community.
- Steps to the award are built into the suggested activities in the Sample Sessions.

The Clover Award

- Learn about and commit to protecting a natural treasure in their region.
- Educate and inspire others in their community to join with them to protect the local treasure, too.



Introducing the Third Series of Journeys *5 Flowers, 4 Stories, 3 Cheers for Animals!*

Daisies learn just how much they can care for animals and for themselves—and just how good that makes them feel.

5 Flowers, 4 Stories, 3 Cheers for Animals! will also introduce Daisies to the stories of the flower friends: Daisy, Sunny, Tula, Gloria, Gerri, Rosie, Vi, Clover, Mari, Lupe and Zinni. Each flower friend corresponds to a value in the Girl Scout Law.

Leadership Awards

- Birdbath Award - Daisies learn to care for animals and for themselves
- Red Robin Award - Daisies use their new knowledge and creativity to teach others how to care for animals
- Tula Award - Daisies gain courage and confidence in teaching others about animal care

Daisy Journey Summit Award

If you complete all three Brownie Journeys, you'll earn the Brownie Journey Summit award. Earning this award is a very special achievement.

The Girl Scout Honor Code

It's great to earn awards and put them on your uniform. You deserve to feel a glow of accomplishment when you do that.

Awards mean so much more when you've earned them "on your honor." When you say those words from the Girl Scout Promise, you're acting in a way that makes you feel proud of yourself.

You'll feel proud when you give yourself time to explore new topics and ideas.

You'll feel proud when you meet new people (even if you feel shy), and when your hard work helps you understand the wonderful world around you.

When you do this, you may earn awards more slowly. But you'll treasure your awards even more because you'll know how hard you worked and how much fun you had as you earned them.

"One thing is sure - you want to be proud of your badge and feel that you have accomplished something worthwhile."

-Girl Scout Handbook, 1940

Special Opportunity Awards

You'll have a chance to earn other awards, too. Take a look at some of the other Girl Scouting activities you may want to do.

Cookie Activity pin: When you sell Girl Scout cookies, you'll get better at all the skills involved in running a business. To earn this award, take part in the cookie sale – then, wear the pin to remind you of all you've learned.

When you sell cookies, you're part of the largest girl-run business in the world. And, you're helping to support Girl Scouting for you and millions of other girls.

World Thinking Day award: In honor of this day, Girl Scouts take part in special activities to honor their sisters around the world. Every year, girls think about something different. To find out what you need to do to earn this award, go to www.girlscouts.org/world_thinking_day.

Global Action award: When you earn this award, you'll learn more about how girls live around the world. You'll, also, do an activity to help girls who need it. To find out more, go to www.girlscouts.org/global_action_awards.

There are so many things to do as a Daisy. What do you want to do the most?

Draw a picture of that. Then put it in an envelope and glue or tape the envelope into the My Girl Scouts section of this handbook. Open it when you become a Girl Scout Brownie.

My Promise, My Faith

Girl Scouting and your faith have a lot in common! You can earn this pin once a year. Here's how:

Complete these five steps to earn the pin:

1. Choose one line from the Girl Scout Law. Find a story, song, or poem from your faith with the same ideas. Talk with your family or friends about what that line of the Law and the story, song, or poem have in common.
2. Find a woman in your own or another faith community. Ask her how she tries to use that line of the Law in her life.
3. Gather three inspirational quotes by women that fit with that line of the Girl Scout Law. Put them where you can see them every day.
4. Make something to remind you of what you've learned. It might be a drawing, painting, or poster. You could, also, make up a story or a skit.
5. Keep the connection strong. Talk with your friends, family, or a group in your faith community about what you've learned about your faith and Girl Scouting. Ask them to help you live the Law and your faith. Maybe you can show them what you just made or perform your skit.

Safety Award

Learn how to stay safe on your Daisy adventures! When you do, you'll earn this important award. Do these three steps to earn the award:

Complete these three steps to earn the pin:

1. Understand what to do if you get lost. Know your phone number, address, and who it's safe to ask for help (police officer, teacher, person in charge).
2. Find out what you should do if you or a friend is choking.
3. Learn how to do "Stop, Drop, and Roll" if your clothing catches on fire.

Bridging to Girl Scout Brownie

Get ready. You are almost a Girl Scout Brownie. Brownies are magical elves who do helpful things,. Girl Scout Brownies, also, help people by going on their Leadership Journeys.

Brownies, also, have a lot of fun together. They sing the Brownie Smile song, go on hikes, and make s'mores around campfires. They visit museums and zoos, find out about the wonders of water, and earn special Brownie badges like Potter or Pets. Ready to be a Brownie? Let's go.

To earn your Bridging award, complete two bridging steps:

STEP 1 **Pass It On!**

Remember how excited you were about becoming a Daisy? There are younger girls who can't wait to follow in your footsteps! Share your talents and skills by teaching younger Girl Scouts something you learned to do as a Daisy.

This list has a few ideas to get started. You only have to do one of these - or something like it - to complete the step.

IDEAS

- Teach younger girls the Girl Scout Promise and the Girl Scout Law.
- Tell the younger girls about the Flower Friends. Then, share a story about your favorite. Why is she your favorite? What did you learn from her? Help the younger girls color pictures of the Flower Friends to take home.
- Play a game together! Is there a special game you loved to play as a Daisy that you could teach the younger girls?

STEP 2

Look Ahead

Spend time with some Brownie sisters – after all, they know all about the fun and adventures Brownies can have together.

This list has a few ideas to get started. You only have to do one of these – or something like it – to complete the step.

IDEAS

- Say the Girl Scout Promise together, then, trade stories about living the Promise and Law. What did you do as a Daisy? Were you friendly and helpful, or courageous and strong? What did the Brownies do?
- Ask the Brownies to teach you their favorite Brownie song, then, sing it together
- Ask the Brownies to show you their Journey awards and tell you what they did to earn them. How did they make the world a better place?

You may want to open the letter you wrote to yourself when you first became a Daisy. Remember how excited you were? That's how younger girls feel right now as they get ready to become Daisies.

OR, keep that letter closed until you graduate from Ambassadors when you graduate from high school. Then, you'll have a record of all your hopes and dreams as the years went by.