

Year Outline on  
How to Partner  
With Girl Scout  
Juniors on  
**Agent  
of  
Change**



This is a helpful guide with suggestions on how to extend The Junior Girl Scout GS Troop Year and incorporate the GS Journeys into the GS Troop curriculum more easily by providing easy to use guides. This can be used in conjunction with the books and guides for the Girl Scout Junior Journey for Series 1 *“It’s Your World, Love It”*. Adjustments may be needed to fit around your GS Troop Year to ensure that the girls understand the Journey’s Leadership Benefits. Additional meetings, Field Trips, and Girl Scout Days to Celebrate such as Founder’s Day, World Thinking Day, and Girl Scout Birthday may be added into your GS Troop Year as well.

# National Leadership Outcomes

	GB= Girls Book GS Guide= Your Book	AT THE JUNIOR LEVERL girls...	RELATED ACTIVITIES	SAMPLE "SIGN" When the outcome is achieved, girls might...
<b>Discover</b>	Girls develop a strong sense of self.	Gain a clearer sense of their individual identities in relation to and apart from outside influences.	"What Makes Me Me?" (Session 1 pg 48 GS Guide, pg 13 GS Girl Book, Meeting 2). "Getting Back to Herstory" (Session 2 pg 56 of the GS Guide).	Report increased confidence in dealing with outside pressures that try to dictate their thoughts and behaviors (e.g., peer pressure, advertising, cultural traditions.)
	Girls develop critical thinking skills.	Show greater skill in gathering and evaluating information.	"Looking Back At Herstory" (Session 1 pg 50 GS Guide) "Real Girls, Real Moxie) Session 2 pg 59 Gs Guide) "Who Can Mobilize The Moxie?" GS Girl Book page 39.	Consider various factors before deciding what to believe e.g., how credible is the information, is there a hidden agenda?).
<b>Connect</b>	Girls promote cooperation and team-building	Are better able to initiate and maintain cooperation on their teams.	All the activities in Sessions 2-4, including all meetings.	with minimal adult guidance, apply specific strategies for promoting cooperation

## Take Action

	<p>Girls feel connected to their communities locally and globally.</p>	<p>Are better able to recognize the importance of knowing about and actively participating in their community groups.</p>	<p>"Defining Community" (Session 4 pg 66 GS Guide) Take Action Project (Session 4-7).</p>	<p>Identify various sources of information for what is going on in their communities (e.g., internet, magazines.)</p>
	<p>Girls can identify community needs.</p>	<p>Learn to use strategies to determine issues that deserve action.</p>	<p>"Building Consensus: Fist To Five' (GS Guide pg 68 Session 4)</p>	<p>Use community asset mapping to identify opportunities to better their communities.</p>
	<p>Girls are resourceful problem solvers.</p>	<p>Are better able to create an "action plan" for their projects.</p>	<p>"Who's Going To Do What" (Gs Guide Session 5 pg 77</p>	<p>Outline steps, resources and time lines and assign responsibilities for their project with minimal adult guidance.</p>

# Session 1: Discovering Power

## Meeting 1:

### Supplies & Resources

- ✓ Girls Scout Junior *Adult Guide*
  - ✓ Girl Scout Junior *Agent of Change* (Girls Book)
  - ✓ Long Rope
  - ✓ Large sheet of paper
  - ✓ Tape or pins
  - ✓ Construction Paper
  - ✓ Markers
  - ✓ Paint
- 
- Girls discover their own values and individual “Powers”
    - Opening Ceremony
      - Follow the script on page 46 of the Girls Scout Junior *Adult Guide*
    - Sit the girls down and explain to them about the three awards that they will be earning along this Journey. Also discuss the buttons on page 7 of their Girl Scout Junior *Agent of Change* Book and how that will help them focus on their powers.
    - Future Ceremonies
      - Page 47 of the Girls Scout Junior *Adult Guide*
      - Ask the girls how they would like to carry out future ceremonies
        - Incorporate a sign up list for girls who want to lead future ceremonies
    - Thinking About Power
      - Have the girls look at page 7 in their Girl Scout Junior *Agent of Change* book. Allow them to answer the “Think About It!” at the bottom of the page.
      - Follow the bottom of page 47 Girl Scout Junior *Agent of Change* Guide
    - Badge
      - Introduce the girls to “It’s Important to Me” Badge.
        - Start with 1. The Girl Scout Law in Action
          - Girls can each make their own or one as a GS Troop to keep around for future meetings.

- **Take Home Assignment:**
  - 3. Discover Your Values “It’s Important to Me” badge activity
  - Have the girls for the next meeting to bring a picture of themselves and with clipping from magazines and newspapers of words that describe them.
- Closing
  - Let girls come up with their own closing ceremony.

## **Meeting 2:**

### Supplies & Resources

- ✓ Girls Scout Junior *Adult Guide*
- ✓ Girl Scout Junior *BADGEBOOK*
- ✓ Girl Scout Junior *Agent of Change* (Girls Book)
- ✓ Construction Paper
- ✓ Markers
- ✓ Glue
- Girls gain a strong sense of self while getting a chance to see their own strength and powers in everyday ways and working on Power Log (*part of earning the Power of One Award*).
  - Opening Ceremony
    - Keep this girl led
  - “What Makes Me *Me*? Or, I’m being framed”
    - Follow script on page 48 of the Girl Scout Junior *Agent of Change Guide*
  - Power Log
    - Follow script on the bottom of page 48 in the Girl Scout Junior *Agent of Change Guide*.
  - Power Snack
    - Examples of these are on page 32 of the Girl Scout Junior *Agent of Change Guide*
  - Go over Take home assignment
  - Closing Ceremony

### **Meeting 3:**

#### Supplies & Resources

- ✓ Girls Scout Junior *Adult Guide*
  - ✓ Girl Scout Junior *BADGEBOOK*
  - ✓ Girl Scout Junior *Agent of Change* (Girls Book)
  - ✓ Local Library or somewhere with internet access
- 
- Girls continue to discover their own values while looking at their daily activities and sharing in the stories of others.
    - Opening Ceremony
    - “Looking Back at *HerStory* (*part of earning the Power of One Award*)).
      - Follow script on page 50 and 51 of the Girls Scout Junior *Adult Guide*
    - Badge Activity (Page 36)
      - 7. Other People’s Values
      - 5. Values in the News
    - Closing Ceremony (Depending on location may or may not be possible)

### **Meeting 4:**

#### Supplies & Resources

- ✓ Girls Scout Junior *Adult Guide*
  - ✓ Girl Scout Junior *BADGEBOOK*
  - ✓ Girl Scout Junior *Agent of Change* (Girls Book)
- 
- Girls continue to discover their own values while looking at their daily activities and sharing in the stories of others.
    - Opening Ceremony
    - “Dream Team Trading Cards”
      - Follow the script on page 52 of the Girl Scout Junior *Agent of Change Guide*
    - Badge Activity (page 36 of the Girl Scout Juniors *BADGEBOOK* )
      - 4. Values Vote
      - 6. Debate It
    - Closing Ceremony

## Session 2: Great Leaders and Great Teams

### Meeting 5

#### Supplies & Resources

- ✓ Girls Scout Junior *Adult Guide*
- ✓ Girl Scout Junior *BADGEBOOK*
- ✓ Girl Scout Junior *Agent of Change* (Girls Book)
  
- Girls Develop Critical Thinking Skills while exploring how powerful individual women have been throughout history.
  - Opening Ceremony
  - “Getting Back to *Herstory*”
    - Follow the script on page 56 of the Girls Scout Junior *Adult Guide*
  - “Who Led the Way for You?”
    - Follow the script on the bottom of page 57 of the Girls Scout Junior *Adult Guide*
    - Maybe even try if time allows the “What About Bad Qualities?” Box on the side of page 57 of the Girls Scout Junior *Adult Guide*
  - Closing Ceremony
    - Present girls with the “It’s Important to Me” Badge
    - Power Snack

### Meeting 6:

- Girls look more into additional *Herstories*
  - Take a field trip to the Women’s Museum in Dallas, TX.

## **Meeting 7:**

### Supplies & Resources

- ✓ Girls Scout Junior *Adult Guide*
- ✓ Girl Scout Junior *BADGEBOOK*
- ✓ Girl Scout Junior *Agent of Change* (Girls Book)
  
- Girls continue their work on the *Power of One Award*
  - Opening Ceremony
  - “Real Powers, Real Girl Scouts”
    - Follow the script on page 58 of the Girls Scout Junior *Adult Guide (part of earning the Power of One Award)*.
  - “Trust Me!”
    - Follow the script at the bottom of page 58 of the *(part of earning the Power of One Award)*.
  - *BADGEBOOK*
    - Start another relative activity from the *BADGEBOOK*
  - Closing Ceremony
  - “Real Girls, Real Moxie”
    - Follow the script on page 59 of the *(part of earning the Power of One Award)*.

## **Meeting 8:**

- Use this meeting to finish relative *BADGEBOOK* activities.



## Session 3: SuperShelterMakers

### Meeting 9:

#### Supplies & Resources

- ✓ Girls Scout Junior *Adult Guide*
  - ✓ Girl Scout Junior *Agent of Change* (Girls Book)
  - ✓ Paper
  - ✓ Markers
  - ✓ Cassette Tape
- 
- Girls find their role models and promote cooperation and team work.
    - Opening Ceremony
      - Present the *Power of One Award*
      - Script on pg 62 of the Girls Scout Junior *Adult Guide*
    - Reading “SuperShelterMakers” (*Part of earning the Power of Team Award*)
      - Have the girls read this at the meeting in groups.
      - Script on pg 62 of the Girls Scout Junior *Adult Guide*
    - Begin You Own Heroine Story
      - Give the girls 2 meeting times if needed to complete this.
      - Script on pg 62&63 of the Girl Scout Junior *Agent of Change Guide*
    - Closing Ceremony

### Meeting 10:

#### Supplies & Resources

- ✓ Girls Scout Junior *Adult Guide*
  - ✓ Girl Scout Junior *Agent of Change* (Girls Book)
  - ✓ Paper
  - ✓ Markers
  - ✓ Cassette Tape
- 
- Girls will finish up their Own Heroine Story and hear from a guest speaker
    - If possible see if a speaker from a local animal rescue shelter can come speak to the girls and possibly bring animals.
    - Closing Ceremony
      - Ask the girls to go home and research some news articles about happenings within their community to bring to the next meeting.

## Session 4: Learn, Listen, Act! Taking Idea to Action

### Meeting 11:

#### Supplies & Resources

- ✓ Girls Scout Junior *Adult Guide*
  - ✓ Girl Scout Junior *Agent of Change* (Girls Book)
  - ✓ Pens
  - ✓ Markers
- 
- Girls Keep the Story Going and Define Community
    - Keep the Story Going
      - If girls still need time to work on and/or present their superhero stories allow them.
    - Stories and Their Issues
      - Script on pg 66 of the Girl Scout Junior *Agent of Change* Guide
    - Defining Community
      - Script on pg 66&67 of the Girl Scout Junior *Agent of Change* Guide
    - Power Snack
    - Closing Ceremony

### Meeting 12:

#### Supplies & Resources

- ✓ Girls Scout Junior *Adult Guide*
  - ✓ Girl Scout Junior *Agent of Change* (Girls Book)
  - ✓ Pens
  - ✓ Markers
- 
- In this meeting girls will build a consensus on their Take Action Project to set them on the path toward the Power of Community Award.
    - Building Consensus: Fist-to-Five
      - Script for this activity can be found on page 68&69 of the Girl Scout Junior *Agent of Change* Guide
      - This may take the whole meeting. Bring Snacks

### **Meeting 13:**

#### Supplies & Resources

- ✓ Girls Scout Junior *Adult Guide*
- ✓ Girl Scout Junior *Agent of Change* (Girls Book)
- ✓ Pens
  
- Girls will continue to think about taking action in the community and identify community needs.
  - Opening Ceremony
  - Go over what the consensus for the Take Action Project
  - Tie in the conversation of the Take Action Project to the activity “The Real Me?”
    - Activity on pg 70 of the Girl Scout Junior *Agent of Change* Guide
  - Get the girls thinking about being good leaders with the activity in the Girls Scout Junior *Adult Guide* (Girls Book) page 34&35
  - Closing Ceremony page 71 of the Girl Scout Junior *Agent of Change* Guide

## **Session 5: Ready, Set, Take Action!**

### **Meeting 14:**

#### Supplies & Resources

- ✓ Girls Scout Junior *Adult Guide*
- ✓ Girl Scout Junior *Agent of Change* (Girls Book)
- ✓ Pens
  
- Girls become resourceful problem solvers as they plan on how to take action on their chosen issue.
  - Opening Ceremony
    - Present girls with the *Power of Team* Award
  - Take Action Project Steps
    - Follow the script on page 74 of the Girl Scout Junior *Agent of Change* Guide
  - What Do We Have? What Do We Have?
    - Follow the script on page 75 of Girl Scout Junior *Agent of Change* Guide

- Time Out To Jam
  - This Activity can be found on page 75 of Girls Scout Junior *Adult Guide* in the green side box.
- Closing Ceremony

### **Meeting 15:**

#### Supplies & Resources

- ✓ Girls Scout Junior *Adult Guide*
  - ✓ Girl Scout Junior *Agent of Change* (Girls Book)
  - ✓ Pens
  - ✓ Markers
  - ✓ Resources to help girls with project
- In this meeting girls when continue on the road to planning their Take Action Project.
    - Everybody Loves Pie
      - Script on page 76 of the Girl Scout Junior *Agent of Change* Guide
    - Bake It Big!
      - Max out the pie chart. Script on page 76 of the Girl Scout Junior *Agent of Change* Guide
    - Share Your Own Experiences
      - Script on page 76 of the Girl Scout Junior *Agent of Change* Guide
    - Who Will Do What?
      - Divide the GS Troop into Task Teams. Page 77 of the Script on page 76 of the Girl Scout Junior *Agent of Change* Guide
    - Time For Reflection
      - Page 77 of the Script on page 76 of the Girl Scout Junior *Agent of Change* Guide

## Session 6 & 7: Time for the Take Action Project

### Meeting 16:

#### Supplies & Resources

- ✓ Girls Scout Junior *Adult Guide*
  - ✓ Girl Scout Junior *Agent of Change* (Girls Book)
  - ✓ Pens
  - ✓ Markers
  - ✓ Resources to help girls with project
- In this meeting the girls carry out their Take Action Project
    - Follow the script on page 80-81 of the Girls Scout Junior *Adult Guide*

### Meeting 17:

- In this meeting the girls continue carrying out their Take Action Project

### Meeting 18:

- Girls use this meeting to reflect on Take Action Project, Celebrate, And Earn their Awards
  - The script for this can be found on page 82-85 of the Girls Scout Junior *Adult Guide*
  - Depending on how thorough the celebration may be these last pages can be carried out over a couple of meetings.